



# Cardinal Opportunities

*A Program of the Upper Dublin Education Foundation*

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**Cardinal Opportunities** is looking for adult males (25 years of age or older) interested in helping Upper Dublin High School students by serving as one-on-one mentors. You could be part of this dynamic program by offering your particular talents or skills to help a young person make the most of their high school experience.

If you have four hours a month to relate to a student and the willingness to provide counsel, friendship, and constructive examples you can help a young person achieve his or her potential. After background checks and training a mentor will be matched with a student and may provide many forms of support, such as the following:

- Advice and support in decision-making while encouraging the student to make his/her own decisions and to be responsible for the possible consequences
- Career advice and experience to assist the student in developing and refining skills needed in everyday living
- Friendship, understanding, and caring. Being available when a listening ear is needed. Giving encouragement and praise, building confidence.

Orientation for new mentors begins in this fall. To volunteer or find out more about this program, contact Leslie Nylund at 215-628-9984 or Bob Danaher at 215-646-4365.